



Commit to your health.

Wyoming Healthy Together Program
1-888-545-1710 | www.WYHealthyTogether.com



Resources for People with Cancer

Reaching out for support may help make your recovery easier and helps you feel better both during and after therapy. Make it a part of your overall treatment plan to let other people assist you. Ask your health care team for special instructions about taking care of yourself. Seek support from family, friends, and others who care about you.

Support Groups

If you have been diagnosed with cancer, support groups can be a great help. Meeting and talking with others who also have the condition may help you and your family cope. For resources in your area contact your hospital's patient education department or the organizations below.



Toll-free numbers:

- American Cancer Society (ACS) 800-227-2345 www.cancer.org
- Cancer Information Service 800-422-6237 www.nci.nih.gov

Local Resources

Ask your health care provider about your local ACS or other support groups:

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