



## Making a Referral to Healthy Together

**Healthy Together** is the total population health management program offered by the Wyoming Department of Health to all Wyoming Medicaid clients as an added benefit.

The program supports all Medicaid clients, no matter their health status. This includes educating healthy clients and families about preventing disease and having a full-term pregnancy, helping those *at risk* for developing a chronic illness make lifestyle changes to reduce their risk, and encouraging Medicaid clients with chronic illnesses to self-manage their disease and monitor complications.

### Medicaid clients enrolled in Healthy Together are provided:

- A **Health Coach** (a Registered Nurse) who provides clients with one-on-one support and calls the client regularly to discuss their health, feelings and assess their needs
- **Educational materials** to encourage the self-management of their health and assistance in coordinating their care among multiple providers
- Access to a **toll-free, 24-hour phone** line that clients can call with questions about their condition or preventing illness or injury
- Links to **community resources**, i.e. transportation, food, shelter
- **Complex case management** when clients are hospitalized or need more intense care coordination

### We need your help

The fundamental goal of **Healthy Together** is to help Medicaid clients stay healthy in order to improve their quality of life, as well as to reduce costly complications that can occur with chronic illnesses. We can best support these clients if providers refer Medicaid clients at the point of care.

Providers who know clients needing education, support and assistance are asked to refer them to the program.

**Making a referral is easy.** Complete a referral form and fax it to **1-888-245-1928**, or you can call **1-888-545-1710**. Client information is kept confidential and is supported by our business agreement with the State of Wyoming Department of Health.

All of the information on the referral form assists us in directing the referrals to the appropriate Health Coach. Here are some **tips on completing the referral form**:

- Check eligibility before referring. If client not eligible we are unable to support them.
- Correct name and diagnosis must be written clearly.
- If in a group of providers, the actual provider of the client is needed.

If you would like a Health Coach to call you regarding the status of the client please make a note on the form.

Referral forms and information can be found on our web site: [www.WYHealthyTogether.com](http://www.WYHealthyTogether.com).