



Know the facts: What are your rights?

As an EqualityCare client you are enrolled in a free program offered by the Wyoming Department of Health called **Healthy Together!** This program will help you with your healthcare needs and support you in having the best health possible. A team of healthcare providers, including a nurse Health Coach, will work with you to achieve these goals.

It is important for you to understand your rights while participating in this program.

I have the right to:

1. Get information about **Healthy Together!** services and programs.
2. Get the names and contact information of my nurse or health coach. I can also ask to talk with their supervisors.
3. Have my healthcare information remain private. **Healthy Together!** will only use my records for providing health management services. **Healthy Together!** can only release my information in accordance with State and Federal laws.
4. Be treated with dignity and respect.
5. Be treated as an individual.
6. Get services regardless of my:
 - Race
 - Ethnicity
 - National origin
 - Religion
 - Gender
 - Marital status
 - Sexual preference
 - Age
 - Disability
7. Be involved in making decisions about my health. As allowed by law, a family member or guardian can represent me.
8. Speak with **Healthy Together!** staff in my own language. If need be, **Healthy Together!** will get me a translator for free.
9. Be told the rules, limits and reasons for participating in the **Healthy Together!** program.
10. Be informed of the process used to select people for the program. This includes all clinical and non-clinical decisions.
11. Choose not to be in the program. If I participate, I can quit at any time.
12. Have an honest talk about all health management services that might help me.
13. Be informed of future health benefits from health management programs. Be informed about preventative health programs.
14. Get a written copy of my **Healthy Together!** goals if I request it.
15. Know if this program changes or ends.
16. Talk openly about **Healthy Together!** policies, including my rights, and to state my opinions without fear of punishment.



**Call 1-888-545-1710 to speak to a nurse 24-hours a day
or visit our website at: www.WYHealthyTogether.com**

Healthy Together! is offered by the Wyoming Department of Health to all Wyoming EqualityCare clients at no cost. The program provides one-on-one support from a nurse, educational materials to encourage the self-management of health and assistance in coordinating care among multiple providers. **Healthy Together!** also provides EqualityCare clients with information on weight loss, smoking cessation, and how to adopt healthy lifestyles. **Healthy Together!** was named the Best Government Disease Management Program by the Disease Management Association of America in 2005.

