



Get to know your Health Coach

Julie Howard
Licensed Clinical
Social Worker

Healthy Together!
Behavioral Health
Case Manager

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“I am pleased to have the opportunity to work with you! I love my job and look forward to helping each and every one of my clients become and stay healthy.” Julie Howard, LCSW

Experience:

Worked in foster care, adoption, home health care, hospice and developmentally disabled adult services, medical social worker in hospital setting, geriatric assessment and counseling

Health Tip:

Be good to yourself in everything that you do, it will always pay off.

Personal:

I am the proud grandmother of my first grandchild, a baby girl!

**Call 1-888-545-1710 to speak to a nurse
24- hours a day.**

Healthy Together! is offered by the Wyoming Department of Health to all Wyoming EqualityCare clients at no cost. The program provides one-on-one support from a nurse, educational materials to encourage the self-management of health and assistance in coordinating care among multiple providers. ***Healthy Together!*** also provides EqualityCare clients with information on weight loss, smoking cessation, and how to adopt healthy lifestyles. ***Healthy Together!*** was named the Best Government Disease Management Program by the Disease Management Association of America in 2005.