



Get to know your Health Coach

Linda Mangus
Registered Nurse
Certified Case Manager

Healthy Together!
*Health Coach/
Case Manager*

Phone:
1-(888) 545-1710, ext. 7153
Email:
lmangus@apshealthcare.com



“I am pleased to have the opportunity to work with you! I love my job and look forward to helping each and every one of my clients become and stay healthy.” Linda Mangus, RN

Experience:

- Health Coach for APS Healthcare for 4 years
- Registered Nurse for 15 years; worked in medical-surgical nursing, infection and wound care, neurology, cancer unit, dialysis, acute hospital settings, long-term and assisted living facilities and rural nursing

Health Tip:

Laugh often. Laughter and a sense of humor are the best medicine. Life should be enjoyed to the fullest.

Personal:

I am married, have children and grandchildren. I love my family and serving others. I also enjoy doing many crafts, reading and cooking.

**Call 1-888-545-1710 to speak to a nurse
24- hours a day.**

Healthy Together! is offered by the Wyoming Department of Health to all Wyoming EqualityCare clients at no cost. The program provides one-on-one support from a nurse, educational materials to encourage the self-management of health and assistance in coordinating care among multiple providers. ***Healthy Together!*** also provides EqualityCare clients with information on weight loss, smoking cessation, and how to adopt healthy lifestyles. ***Healthy Together!*** was named the Best Government Disease Management Program by the Disease Management Association of America in 2005.